

Having a daily routine and schedule will help your students stay engaged. Use these grades 7-12 ideas to create learning opportunities which include 30-60 minutes of each category daily.



Math

- Use a deck of playing cards for math challenges
- Make a math problem for others to solve Practice [Khan Academy](#) for 30 minutes
- Play Yahtzee
- Do a Sudoku puzzle
- Make a recipe; cut it in half or double it
- Pick a number; write formulas in many different ways to get to that number
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Language Arts & Writing

- Read for 30 minutes; tell someone else about your book
- Write in a journal each day; write about what you see or what you know lots about
- Practice [Khan Academy](#) for 30 minutes
- Look at **Google Classroom** suggestions from your teacher
- Create a found poem using an old magazine or newspaper
- Watch a [TEDx talk](#)
- Write an opinion paper on something you read about or watched today
- Create a postcard and write a note to mail to a friend or relative
- Play 20 questions
- Make a black-out poem

PSAT/SAT (8th +)

- [Kahn Academy](#) practice Look over [sample questions](#) [Kaplan](#)
- practice tests

Science & Technology

- Build a [Rube Goldberg machine](#) Watch an episode of [Crash Course in EarthScience](#)
- Listen to an episode of [WOW in the World](#) Practice [Khan Academy](#) for 30 minutes
- Look at **Google Classroom** suggestions from your teacher
- [Learn to code](#)

History & Social Studies

- Watch an episode of [Crash Course in WorldHistory](#)
- Listen to an episode of [The Past & the Curious](#)
- Check out [National Geographic Kids](#) Look at **Google Classroom** suggestions from your teacher

Music & Art

- Write your own song and perform it
- Practice your instrument
- Begin your own art museum with creative pictures you draw or paint
- Play name that tune
- Write and perform a musical
- Practice on [Sight Reading Music](#)

AP classes

- Check in with your teacher for ways you can stay engaged

Language (Spanish or French)

- Study your Spanish notebook/binder handouts, use your vocabulary to write a note to a friend or your teacher, teach a family member five new phrases
- Quizlet - Pick a deck or two to review each day by completing several of the "modes"
- [Conjugemos](#) - Log on to your account and choose a few activities to practice
- [Duolingo](#)
- Find a favorite show on Netflix, Amazon Prime, Hulu, etc that allows you to watch (or read subtitles) in Spanish/French
- Read or listen to a story on [The FableCottage](#)
- Listen to music in Spanish or French. For Spanish, vote for your favorite songs in this "[Locura de Marzo](#)" bracket
- Take a virtual museum tour [here](#) or [here](#) and see what works of art you find by Hispanic artists
- Explore a Spanish or French-speaking country on [Google Earth](#)
- Switch your phone's language to Spanish or French
- Watch YouTube videos in Spanish or French
- Watch a movie with French or Spanish subtitles
- Translate the lyrics of your favorite song
- Make labels for different items in your house
- Listen to a streaming radio station in a world language
- Text your friend in Spanish or French
- Look at [Google Classroom](#) suggestions from your teacher

Service

- Clean a room
- Plan a meal
- Wash the car
- Wash the dog
- Cook a meal
- Help with laundry
- Rake leaves
- Wash the dishes
- Walk your pet

Stay tuned for periodic updates with new ideas!

Social-Emotional Care

- Write a letter to a friend (physical or email)
- Engage in daily yoga/ reflection time
- Call or FaceTime a friend
- Play a board game with a parent or sibling
- Listen to music that helps you feel calm
- Limit screen time/electronics time. Read a book instead; tell someone about the book you read and what you liked/disliked
- Do something kind for someone else

Fun

- Build camp in the living room
- Play a board game
- Bake something yummy
- Watch a movie
- Do a puzzle
- Learn sign language
- Plant a garden
- Have a picnic
- Make an indoor obstacle course
- Play Would You Rather (and explain your choices)
- Do a crossword puzzle

Physical Education

- Have a dance party in your house
- Play kickball, baseball, basketball or H-O-R-S-E
- Teach yourself to juggle
- Try some [yoga](#)
- Jump rope or run or walk
- Challenge someone to push-ups, squats, jumping jacks, wall-sits, jog-in-place, v-sits

General Resources

- [Virtual Field Trips](#)
- [Local Grab-and-Go](#)
- [MealsFree Educational](#)
- [MediaSmithsonian](#)
- [Museums](#)
- [Outschool- Live Online Classes](#)
- [Talking to your child about COVID 19](#)